



From the Leadership Team

Dear Parents, Students, Staff, Past Students, Past Staff and Community,

On assembly last week I spoke to the girls about one of our Habits of Spirit Passionately Engaging in Life. The following clip was shown to illustrate the habit:

[We're The Superhumans: Rio Paralympics Trailer](#)

"We're the Superhumans" was a television advertisement produced to promote the broadcast of the 2016 Summer Paralympics in Rio de Janeiro. It featured people of various backgrounds and disabilities performing different activities and physical feats. It was set to a performance of the Sammy Davis Jr. song "Yes I Can", sung by Tony Dee of Brisbane, and accompanied by a band consisting of musicians with disabilities. Within four days of its premiere, "We're the Superhumans" was viewed at least 23 million times online and had a higher percentage of user engagement on Twitter than the release of the BBC's 2016 Summer Olympics trailer.

This clip is infectious and incredible. It showcases involvement in life—finding one's passion and pursuing it with commitment and zeal. As you watch the clip, channel your superhuman—how can you do much more than you ever expected? What abilities have you been blessed with and what challenges



have you risen above? Are you making the most of your opportunities? Most importantly, and in the words of the drummer in the band, remember that there is no such word as can't. Yes I can.

We welcome a new staff member to our community this week. Ms Nubia James joins the college as Student Wellbeing Officer. Nubia is enthusiastic about ensuring the continuity of existing opportunities but will also be creating new and exciting activities for our students. Her office will be in the WELL.

Many in our community have been busy preparing for Open Day on Sunday 19 May. It is a very exciting event and I

look forward to welcoming visitors to the College. Thank you to all of you who are involved. I look forward to updating you on the day in the next Verigram.

God's blessing for the week ahead,

Mrs Shelley Hamilton
Principal

[e shamilton@bne.catholic.edu.au](mailto:shamilton@bne.catholic.edu.au)

Term 2 School Fees

Statement of Fees and Levies were emailed to all families last Friday, 3 May 2019. The 'Due Date' for per Term payment is 20 May 2019.

If paying by Direct Debit or Credit Card authority please check that the payment arrangement will finalise the annual balance by 30 November 2019.

Please refer to the College website (Enrolments tab) or [click here](#) for all 2019 School Fee Information.

For School Fee enquiries or a copy of the Statement of Fees and Levies please email:

e scanfinance@bne.catholic.edu.au

(Please include your daughter's name and year level).

2019 P&F Service Record Card

For those families completing the 2019 P&F Service Record Card, upon completion of the 15 voluntary hours of service please return the completed and signed card to the college Finance Office - the \$200 annual P&F Levy will then be refunded to the school fees (EFT refund is only available if the annual school fee is paid in advance).

To claim the 2019 P&F Levy refund of \$200 the 2019 P&F Record Card must be submitted by 6 December 2019.

Open Day 2019

Our Open Day this year is on Sunday 19 May from 1 pm until 4 pm. Many girls will be required to attend on this day. Our students act as guides, performers, participants, exhibitors, communicators, musicians, presenters and a whole lot more.

All girls in attendance are required to wear their full College uniform (unless specifically directed to wear an alternative dress).

Teachers will advise your daughter of her tasks for the day. Some girls may not have rostered duties — they will not be required to come, but are most welcome.

With the smell of food and the sound of music in the air, there will be plenty to see, experience, do, taste and listen to at the San Sisto College Open Day 2019.

Mrs Anna Doré
Assistant Principal Student Wellbeing

e adore@bne.catholic.edu.au

Rose Retail Centre College Blazer

A reminder that during the months of June, July and August it is compulsory for students to wear their blazers to and from school.

Jumpers may be worn by themselves inside the College grounds, however should not be worn as the outer layer at any other time.

If you have not already purchased your blazer, please see Mrs Hancock at the

Rose Retail Centre as soon as possible.

It is compulsory for Bologna students to wear their stockings during these months as well. Students in Years 7-10 are welcome to wear stockings if they so choose.

The sports jacket should NOT be worn with the formal uniform at any time.

Mrs Anna Doré
Assistant Principal Student Wellbeing

e adore@bne.catholic.edu.au

Rose Retail Centre Winter Blazers and Jumpers

Our College blazers and jumpers are now available to be purchased from the Rose Retail Centre from the start of Term 2.

The winter uniform includes the blazer and jumper with the tights only compulsory for Years 11 and 12.

Mrs Janine Hancock
Rose Retail Centre

e janine.hancock@bne.catholic.edu.au



MAC Captain Introduction

Taylor Bielby

What made you decide to run for a student leader position?

I decided to run for a student leader position because I wanted to give back to the school community and help ensure that the school continues to provide the best activities, events and opportunities for the girls so they can get the best experience out of their high school life.

What does being a leader mean to you?

To me, being a leader means to be a role model by setting a good example and being someone, who people look up too. A leader should also put others needs before their own by helping them in any way needed to ensure they are reaching their full potential.

What would you say to any girls who are thinking of running for a leadership position?

If you are thinking of running for a leadership position definitely go for it! You may be thinking that you won't be chosen or that you won't get the position you were hoping for, however you never know until you try and you certainly don't want to have any regrets. I think that regardless of the position you receive, being a leader is incredibly rewarding and you will gain skills that you will use for the rest of your life.

How vital do you see the role of the Media and Communications student leader in 2019?

As the media and communications captain, it is my job to attend all school events and report on them, write articles for the verigram, take photos and put together videos. I feel this role is vital in providing

parents, staff and pupils, a student insight into all the wonderful activities that San Sisto offers.

What are you looking forward to most in your role?

Whilst it is rewarding to write about college life and student achievements, I must say that I am most looking forward to capturing and editing video footage to promote these activities for all students to enjoy.

How do you plan to impact students and the College community with your role?

I plan to be as creative and engaging as possible with my communication in order to engage students and the College community.

What are you most looking forward to in 2019?

In 2019 I am most looking forward to enjoying my senior year by engaging as much as I can with school life, as before I know it the year will be over. I am really looking forward to celebrating the formal and graduation with all the beautiful friends that I have made here.

What are your hopes and dreams for life after graduating?

After graduating high school, I plan to go to university and study Vet Technology at UQ in Gatton. I have always had a love for animals and honestly cannot see myself doing anything else. Gatton is about an hour and a half drive away which means I will have to move away from home while I study. Whilst this is a little scary, it is also



very exciting and I feel it will be a great adventure, one that I cannot wait to embark on.

What are your passions?

My main passion has to be dance. The type of dancing I do is called Physical Culture (or Physie) and it is a mixture of ballet, jazz, hip hop, yoga all rolled into one. I have been doing this sport for 10 years and I believe it has bought out many of my leadership qualities such as hard work, dedication, and being an encouraging role model for the younger girls.

Tell us something that someone normally wouldn't know about you

When I was 2, I picked a cactus plant up off the floor (heaven only knows why it was on the floor around a toddler!!) and spent the night at A & E having the thistles removed one by one with a pair of tweezers while I screamed my little head off!

Year 8 Excursion

On Tuesday 7th May, our Year 8 students travelled to various locations across Brisbane to complete a field study relating to their current Geography unit of study: Changing Nations.

The cohort was divided into 3 groups and each group was allocated a location to study:

Wellington Point esplanade (coastal)

Kelvin Grove (urban)

Mt Coot-tha (mountain)

The objective was that students would gather data relating to how the area was being utilised and how it has been adapted to suit a rapidly changing and growing society.

Once students returned to school, they were placed in groups with students who travelled to the other locations, and as a group of three, they established which location and landscape, they felt had best been utilised to suit our society's needs.

Thank you to Year 8 students- your behaviour was exceptional and your dedication to collecting relevant and useful data was a joy for your teachers to watch.

And a very big thank you to the staff who attended on the day. These days are not possible without dedicated and passionate staff.

Mrs Kerbi McMillan

Academic Leader: Humanities

e kerbi.mcmillan@bne.catholic.edu.au



Habits of Mind and Spirit

Ask your daughter how she has used these habits during the week.

Habit of Mind

Respond with Wonderment and Awe



Habit of Spirit

Living Hopefully





Café Caterina

Recycle Bottles

Don't forget you can now recycle your bottles by placing them in the crates available in the Café area.

Mother's Day Competition

This will be advertised on the daily notices and drawn Friday. Happy Mother's Day to all in our San Sisto College Community.



Café Roster Term 2: 13 May — 17 May

Monday 13 May

- Brooke Bridge
- Sandra Lewis Wittmann

Tuesday 14 May

- Mirella Hunter

Wednesday 15 May

- Natasha Donovan
- Tina McCaul

Thursday 16 May

- Carmel Gibbs
- Charisma Chicolteau

Friday 17 May

- Cathy Dibden
- Jade Dunlop
- Lynne Dunlop

Mrs Margaret Kupper

Café Caterina Convenor

[e mkupper@bne.catholic.edu.au](mailto:mkupper@bne.catholic.edu.au)

San Sisto Directory

Principal

Mrs Shelley Hamilton
[e shamilton@bne.catholic.edu.au](mailto:shamilton@bne.catholic.edu.au)

Deputy Principal

Mr Brad Barker
[e bsbarker@bne.catholic.edu.au](mailto:bsbarker@bne.catholic.edu.au)

Assistant Principal RE

Mrs Erica Qureshi
[e equreshi@bne.catholic.edu.au](mailto:equreshi@bne.catholic.edu.au)

Assistant Principal Student Wellbeing

Mrs Anna Doré
[e adore@bne.catholic.edu.au](mailto:adore@bne.catholic.edu.au)

Business Manager

Mrs Gail Winks
[e gail.winks@bne.catholic.edu.au](mailto:gail.winks@bne.catholic.edu.au)

SCHOOL COORDINATORS

Acting Caleruega (Years 7 and 8)

Mrs Liz Madden
[e emmadden@bne.catholic.edu.au](mailto:emmadden@bne.catholic.edu.au)

Acting Fanjeaux (Years 9 and 10)

Mrs Tania Stevens
[e tstevens@bne.catholic.edu.au](mailto:tstevens@bne.catholic.edu.au)

Acting Bologna (Years 11 and 12)

Mrs Louisa Makepeace
[e lmakepeace@bne.catholic.edu.au](mailto:lmakepeace@bne.catholic.edu.au)

STUDENT PROTECTION CONTACTS

Shelley Hamilton, Principal
[e shamilton@bne.catholic.edu.au](mailto:shamilton@bne.catholic.edu.au)

Anna Dore, Assistant Principal
[e adore@bne.catholic.edu.au](mailto:adore@bne.catholic.edu.au)

Kirsteen Bostock, Guidance Counsellor
[e klbostock@bne.catholic.edu.au](mailto:klbostock@bne.catholic.edu.au)

COLLEGE CONTACT INFORMATION

t 07 3900 9800

f 07 3843 1921

[e scarina@bne.catholic.edu.au](mailto:scarina@bne.catholic.edu.au)

[w sansisto.qld.edu.au](http://w.sansisto.qld.edu.au)

STUDENT ABSENCE LINE

t 3900 9888

Upcoming Events

Term 2

9 May	Parent, Teacher & Student Interviews	18 May	Working Bee 8.00 am — 12.00 pm
	Centacare Engaging Adolescents Parent Course	19 May	Past Students Reunion 11.00 am — 1.00 pm
11 May	Working Bee 8.00 am — 12.00 pm		Open Day 1.00 pm — 4.00 pm
	Chemistry Titration Competition	21 May	Year 8 Eyes Wide Open Social Media Event
13 May	Eyes Open Social Media Parent Event 7.00 pm	22 May	Rosies (Brisbane) 7.00 pm — 10.00 pm
	Siena Centre	23 May	Centacare Engaging Adolescents Parent Course
	P&F Meeting 7.00 pm — 8.00 pm	31 May	Inter-school Cross Country
	Prouilhe Admin. Building		

Sport



CaSSSA Colleges to play in the Grange Thistle FC Inaugural Football Community Cup

Some of football's brightest schoolgirl talent will converge on Grange Thistle FC next week for the inaugural Catholic Secondary Schoolgirls Sports Association's Sports Minister Community Cup.

The event will see players from the schools listed below play a series of nine-a-side matches at the clubs Lanham Park facilities.

- All Hallows' College
- Brigidine College
- Loreto College
- Lourdes Hill College
- Mary Mackillop College
- Mt Alvernia College

- St John Fisher College
- St Rita's College
- San Sisto College
- Mount St Michael's College
- St Mary's College

The competition is designed to support the trend that participation in football by girls has been on the increase for some years and is a fantastic initiative for the future of women sport and overall engagement in physical activity.

Mr Ryan Gould
Academic Leader – PE & Sport
e ryan.gould@bne.catholic.edu.au

Drama

Friday Movie Night

Last week, the senior Italian classes gathered for a Friday Movie Night. We ate some pizzas and watched *Benvenuti al Sud*. This movie explores some strong themes of prejudice and stereotypes between the north and south of Italy in a comical way.

This ties in with our unit of youth culture, lifestyle and leisure. We thoroughly enjoyed ourselves. The movie was very comical, and the caricatures of the characters made the heavy themes lighter for us to enjoy.

This was a very enjoyable academic activity which has generated good conversations in our classes.

Mr Vincenzo Ferraioli
Italian Teacher
e vferraioli@bne.catholic.edu.au





Musical 2019 Update

Rockin' Robin

Rehearsals for Rockin' Robin are certainly underway and the girls participated in their first choreography rehearsal last Friday.

Beth Gerbino and her team of experienced dancers (Creative Dance Industries), led our girls through their paces and completed the choreo for the huge opening number.

The girls were so impressed with themselves and their achievement and the teachers were so pleased with the girl's behaviour and enthusiasm.

Jackie McCarthy has kicked off the first of her costume working bees and fabric is taking form. We certainly will have the best dressed in Sherwood Forest!

Keith Beiers (Director) has been blocking with the leads for a number of weeks and the chorus has been learning their repertoire under the guidance of Jodi-May Hart (Music Director).



We have a strong team of staff and a wonderful cast and look forward to seeing the show's progression this term in readiness for our performances on 2 and 3 August (ticket details to come!)



Join us for
OPEN DAY
19 May at 1 – 4 pm
Register Online TODAY!

Working Bee

We have our next Working Bees coming up soon to prepare the College for Open Day.

- Saturday 11 May
- Saturday 18 May
- From 8.00 am until 12 noon.

With plenty of gardening, cleaning and trimming to be done prior to Open Day, we would appreciate as many parents and students to come along and have our college campus looking its best.

Attendance at the Working Bee contributes towards your fifteen hours of volunteering needed to qualify for the P & F Service Levy refund.

The P & F Committee puts on a great morning tea, so come along to support the college and students. Please register your attendance with the administration office, ideally by 9.00 am Friday 10 May on [t 3900 9800](tel:39009800) or [e scarina@bne.catholic.edu.au](mailto:scarina@bne.catholic.edu.au)



P&F Event



P&F Father and Daughter State of Origin Event

Date: Sunday 23 June

Time: from 7.00 pm

Location: Siena Centre
San Sisto College

Price \$4.00 per person

The cost includes a pizza, prizes, games, and much more.

Attire: State of Origin Themed

Come along to watch QLD take on NSW in the second game of the 2019 State of Origin series on the Siena Centre big screens for the annual P&F Association event.

Tickets are now on sale through Flexischools. Registration is essential.

Visit [w flexischools.com.au](http://www.flexischools.com.au)



P&F Event

P&F Mother and Daughter Cooking Class

Tuesday 13 August 5.30 PM — 9.30 PM — \$40.00 per person

2 HOUR Class

Whether your repertoire is limited to toast and cereal or you're capable of whipping up insta-worthy three-course meals – there's a cooking class for everyone to celebrate family to enjoy the company of each other in our community.

3 COURSE Meal

You'll learn how to make healthy (and delicious) dips and breads, curry (vegetarian and chicken), Beef stroganoff and lamb koftas, green and mixed salads, passionfruit swirl cheesecake and chocolate brownies, non-alcoholic fruit punch, with tea and coffee.

Tickets available from May 15. Purchase your tickets by 26 July 2019 via [w flexischools.com.au](http://www.flexischools.com.au)





Cyber Safety

Social Media Parent Information Night

Monday 13 May in the Siena Centre from 7.00 – 8.30 pm.

San Sisto College in conjunction with Eyes Open Social Media (a registered provider with the Office of the Children's eSafety Commissioner) is offering you a unique opportunity to gain hands on practical advice on how to significantly reduce your daughter's and your own risks while using social media sites.

Tricia Munn will facilitate the session and is one of Australia's most specialised educators within this field. Tricia passionately believes in giving you workable solutions and guarantees that you will walk away from the session with some invaluable tools which you can immediately put into practice.

The session will cover the main cyber safety risks and dangers including predators, inappropriate material, bullying and digital footprints and how to manage and report issues.

The program will also cover the most popular sites accessed by students, how what you do online can put your children at risk and practical steps that you can take to improve your own and your children's safety through the use of site security settings.

Having you attend this session will also help reinforce the messages and commitment San Sisto College has made this year through the ongoing support of Eyes Open Social Media to keeping our students cyber-safe.

To register, contact Mrs Di Felice [e tdifelice@bne.catholic.edu.au](mailto:tdifelice@bne.catholic.edu.au)

Mum's the Work

Mother's Day is this Sunday the 12th of May, and is an opportunity to celebrate the real magic of parenting. In a recent Positive Parenting article by Michael Grose he outlines the joy in watching adult kids protect, teach, nurture and support their children in the time-honoured way that parents have done for generations.

It's their mother work, their instinctive work, that's their most potent parenting force; Mother work is protective, Mother work is educative, Mother work is nurturant, Mother work is supportive.

To read the full article, click on the link below to an article by Michael Grose.

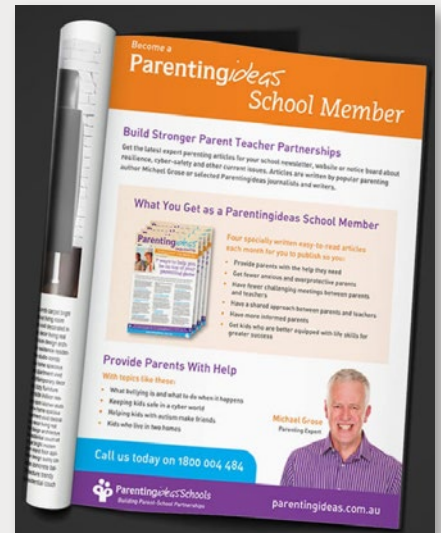
<https://www.parentingideas.com.au/schools/insight/mums-the-work/>

Happy Mother's Day to all parents and caregivers of our San Sisters.



Parenting Page

Parenting Ideas Resources



San Sisto College has a school membership with Parenting Ideas which allows us access to the latest parenting information and support for parents.

All the resources can be found on the Parent Portal under the Student Wellbeing tab.

Here you will find articles and EGuides on a range of topics including Friends, Coping and Confidence.

In addition, parents can go directly to the [Parentingideas website](http://www.parentingideas.com.au), where more Eguides are available for purchase ranging in price from \$15. Look under Resources and click "Find Out More".

During the purchase parents will set-up their own user account so they will always have access to the E-books/ guides via their own dashboard.

[Click here](#) and enter your name and email address to receive regular parenting blogs and articles.

Our Community

San Sisto College is fundraising with the Entertainment Book!

Hurry! Bonus Early Bird Offers. Limited Time Only \$70.

Your support really helps our fundraising, so we're thrilled to let you know about special bonus Early Bird Entertainment Membership Offers for loyal supporters.

[Click here to support us by ordering your copy today!](#)

ENGAGING ADOLESCENTS™ PARENT COURSE

Join the three-session program for parents and carers at San Sisto College 97 Mayfield Rd, Carina, 4152 on Thursday 9, 16 and 23 May from 6.00-7.45pm.

Learn:

- Some common ground shared by parents & reasonable expectations to hold about adolescents
- New understandings of adolescence
- Building relationship with your teenager and making the best of your non-crisis conversations with

them

- Skills for tough conversations for handling those problems you just can't ignore.

Registration Fee

The course costs \$10 (course booklet).

Register for this course by emailing scarina@bne.catholic.edu.au or by calling the College on 3900 9800. At the time of registration please let us know the name and Year level of your daughters.

Who's running it?

The sessions are being facilitated by practitioners from Centacare Family and Relationships Services, Fortitude Valley, 4006. This course is being run by a Parentshop® licensed practitioner. [w parentshop.com.au](http://w.parentshop.com.au)

Australian Fitness & Martial Arts Club

Beginner classes starting now (free trial - first lesson).

Locations:

- Norman Park at "Norman Park State School Hall" via Hipwood Street — Saturday 10.45 – 11.30 am

- Cannon Hill at the "School of Arts" 958 Wynnum Road — Tuesday & Thursday 4.00 - 4.45 pm

1. Mount Gravatt at "Clairvaux Mackillop College" Hall; Klumpp Rd Monday & Wednesday 5.45 - 6.40 pm and "St. Bernhard's Primary" — Wed. 3.40 - 4.30 pm

Also classes at Manly West on Monday & Friday.

We guide you to personal growth and wellness.

- Coordination and social skills
- Building Confidence and Self-Esteem
- Strength & Conditioning / General Fitness
- Guidance to achieve Junior Black Belt

We compete at a Local, State and National Level - Shotokan Karate and Self-Defence (Jujitsu).

Sensei Andy Schwandner: AFMA - National Chief Instructor.

Contact Christine 0400 179 960 or Sensei Andy 0403 358 397 or visit

[w afmaclub.com.au](http://w.afmaclub.com.au)

We want to hear from you.

Send us your news and we will include it!

Are you a current or past San Sister with news to tell? Then we want to hear it. Send us your article and we will share it with the wider San Sisto community.

Also, send us feedback on your *Verigram* experience. Positive or negative, all feedback helps us understand what we are doing well, and areas that need improvement.

Send your feedback to the Administration Office on

e scarina@bne.catholic.edu.au

Contact Us:

San Sisto College
97 Mayfield Road
Carina, Brisbane
Qld 4152

t 07 3900 9800

f 07 3843 1921

e scarina@bne.catholic.edu.au